



ATSNJ Member Christina Emrich Inducted into Red Bank Alumni Hall of Fame

Christina Emrich, Athletic Trainers' Society of New Jersey member and former Red Bank Regional High School student, Ms. Christina Emrich, graduated from Red Bank Regional High School in 1987 and took her first milestone toward a future filled with accomplishments. She attended Montclair State University, graduating in 1991 with a Bachelor of Science in Physical Education/Health and Athletic Training. She continued to pursue her passion for sports and athlete care in the work force, holding positions with South River High School, Sport Care and Physical Rehabilitation, and Columbia High School prior to returning to her alma mater more than 15 years ago. She has served as RBR's Head Athletic Trainer since then; and for the past five years she has also been the Assistant Athletic Director. She brightens the classrooms of this school as Lead Teacher of RBR's Academy of Sports Medicine and Management.

Ms. Emrich is a volunteer Emergency Medical Technician in the Little Silver. In Tinton Falls, she also held the supervisory roles of captain, president, and trustee. She has also served in executive roles for the Athletic Trainer's Society of New Jersey. In 1992, she distinguished herself as the sole health-care provider for the USA Women's handball team for the pre-Olympic tournament. In 2009, the National Athletic Trainer's Association honored her with the Secondary School Athletic Training Committee/ Gatorade Award, which recognizes certified athletic trainers who have provided exceptional service and dedication to their schools.

Perhaps Ms. Emrich's most prestigious accomplishment, an example of the exceptional service and dedication she displays in her work, is the role she plays in the lives of people in her community. In 1998, she staved the fate of Mr. Gerry Gance when she reacted quickly to a life-threatening situation during a basketball game. She also came to the rescue of a football player who had suffered a ruptured spleen in 2005. Ms. Emrich has wrapped, iced, taped, and tended to countless injuries during her service to Red Bank Regional High School, and she has impacted the life of every athlete who has passed through the doors of the field house. She never tires, for she maintains the level of dedication and excellence to this day.